

Your Pure Truth Now[®] Podcast 2

Helpful Weblinks

<https://myquestionlife.com/self-awareness-test/>

<https://www.mindtime.com/>

<https://personalityjunkie.com/>

<https://inlpcenter.org/self-awareness-test/>

<https://minimalism.co/articles/personality-test>

<https://positivepsychology.com/self-awareness-exercises-activities-test/>

<https://www.psychologytoday.com/us/blog/click-here-happiness/201903/what-is-self-awareness-and-how-do-you-get-it>

<https://www.lorilynnsmith.com/wordpress/wp-content/uploads/2014/02/Self-Awareness-Workbook.pdf>

http://www.the-isei.com/ICF-Midwest/1-1_Building_Emotional_Self_Awareness.pdf

<https://hrs.wsu.edu/wp-content/uploads/2015/07/Emotional-Intelligence-Handout.pdf>

<https://www.fearlessculture.design/blog-posts/15-simple-exercises-to-increase-your-self-awareness>

<https://www.mbtionline.com/>